

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank following the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please mark the corresponding letter for each item on **Answer Sheet 2** with a single line through the centre. You may not use any of the words in the bank more than once.

According to psychologist Sharon Draper, our clothing choices can absolutely affect our well-being. When we wear ill-fitting clothes, or feel over- or under-dressed for an event, it's natural to feel self-conscious or even stressed. Conversely, she says, opting for clothes that fit well and 26 with your sense of style can improve your confidence.

But can you improve your health through your 27 clothing, without having to dash out and buy a whole new 28 ? "Absolutely," says Draper. If your goal is to improve your thinking, she recommends picking clothes that fit well and are unlikely to encourage restlessness, so avoid bows, ties and unnecessary 29 . It also helps to opt for clothes you 30 as tying in with your goals, so if you want to perform better at work, select pieces you view as professional. Draper says this fits in with the concept of behavioral activation, whereby 31 in a behavior (in this case, selecting clothes) can set you on the path to then achieving your goals (working harder).

Another way to improve your 32 of mind is to mix things up. Draper says we often feel stuck in a rut(常规) if we wear the same clothes—even if they're our favorites—thus opting for an item you don't wear often, or adding something different to an outfit, such as a hat, can 33 shift your mood. On days when you're really 34 to brave the world, Draper suggests selecting sentimental items of clothing, such as ones you wore on a special day, or given to you by a loved one, as clothes with 35 associations can help you tap into constructive emotions.

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| A) accessories | I) perceive |
| B) align | J) positively |
| C) concurrently | K) profile |
| D) current | L) prospering |
| E) engaging | M) reluctant |
| F) fond | N) showcase |
| G) frame | O) wardrobe |
| H) locations | |