

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank following the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please mark the corresponding letter for each item on **Answer Sheet 2** with a single line through the centre. You may not use any of the words in the bank more than once.

Junk-food lovers who try to cut back on fries or chocolate may experience symptoms similar to drug withdrawal, a new study suggests.

Researchers found that people attempting to cut down on eating highly processed foods experience some of the same 26 and psychological symptoms—such as mood swings, anxiety, headaches and poor sleep—as those 27 smoking cigarettes or using drugs, according to the study.

The new study 28 the first evidence that these withdrawal-like symptoms can occur when people cut down on highly processed foods, said lead study author Erica Schulte.

Based on the participants' self-reported symptoms, withdrawal symptoms were 29 more intense between the second and fifth days after attempting to reduce junk-food consumption, which 30 the time span people live through during drug withdrawal.

The idea that food may be addictive after "heavy" use by some individuals is a 31 subject, Schulte said. Although prior studies in animals and humans have shown some biological and behavioral similarities between substance-use disorders and addictive-like consumption of highly processed foods, no studies have looked at whether reducing junk food can 32 withdrawal symptoms in people, she noted. Raising 33 that people may experience irritability(烦躁) or headaches when cutting down on junk food can help individuals 34 coping strategies in advance, Schulte noted. The findings may also 35 light on the barriers people face when changing eating habits—barriers that may play a role in people dropping out of treatments, she said.

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| A) awareness | I) physical |
| B) canceling | J) prepare |
| C) controversial | K) prospects |
| D) emptiness | L) quitting |
| E) monstrous | M) shed |
| F) offers | N) significantly |
| G) parallels | O) trigger |
| H) permanently | |