

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank following the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please mark the corresponding letter for each item on **Answer Sheet 2** with a single line through the centre. You may not use any of the words in the bank more than once.

It's our guilty pleasure: Watching TV is the most common everyday activity, after work and sleep, in many parts of the world. Americans view five hours of TV each day, and while we know that spending so much time sitting 26 can lead to obesity(肥胖症) and other diseases, researchers have now quantified just how 27 being a couch potato can be.

In an analysis of data from eight large 28 published studies, a Harvard-led group reported in the Journal of the American Medical Association that for every two hours per day spent channel 29, the risk of developing Type 2 diabetes Journal of the American Medical Association(糖尿病) rose 20% over 8.5 years, the risk of heart disease increased 15% over a 30, and the odds of dying prematurely 31 13% during a seven-year follow-up. All of these 32 are linked to a lack of physical exercise. But compared with other sedentary(久坐的) activities, like knitting, viewing TV may be especially 33 at promoting unhealthy habits. For one, the sheer number of hours we pass watching TV dwarfs the time we spend on anything else. And other studies have found that watching ads for beer and popcorn may make you more likely to 34 them.

Even so, the authors admit that they didn't compare different sedentary activities to 35 whether TV watching was linked to a greater risk of diabetes, heart disease or early death compared with, say, reading.

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| A) climbed | I) previously |
| B) consume | J) resume |
| C) decade | K) suffered |
| D) determine | L) surfing |
| E) effective | M) term |
| F) harmful | N) terminals |
| G) outcomes | O) twisting |
| H) passively | |